



**Eating with dignity; Eating environment of patients with Motor Neuron Disease with swallowing difficulties: Perspectives and experiences of patients and their relatives and healthcare professionals.**

**Guðlaug Gísladóttir**

**Advisor:** Marianne Elisabeth Klinke, hjúkrunarfræðingur, dósent og forstöðumaður fræðasviðs í hjúkrun tauga- og taugaendurhæfing sjúklinga á Landspítala.





# Qualitative research

## Qualitative focus group interviews

- In this study we aim to:
  - explore incentives and barriers in the food environment of patients with MND. Perspectives, experiences and ideas for improvement will be sought from patients and their relatives as well as from interdisciplinary healthcare professionals, policy-makers, and other relevant stakeholders





# Eating with dignity; Demand for pureed diet in Iceland

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# Quantitative research

## Survey-health facilities in Iceland

- **In this study we aim to explore:**
  - How many health facilities offer pureed diet
  - How many servings of pureed diet are produced daily
  - What is the vision of pureed diet within the institutions
  - incentives and barriers of developing production of pureed diet with focus on appearance







# Eating with Dignity

- Hopefully this insight will lead to development of innovative initiatives that can help to resolve malnutrition and increase quality of life for patients with dysphagia.





# Lýðheilsusjóður

## MND félagið fékk 1.000.000.- vegna Næring og lýðheilsa fólks með kyngingarerfiðleika

